



聖公會聖基道兒童院
S.K.H. St. Christopher's Home
童 • 築未來

童行

TOGETHER

90th Anniversary Special Presentation:
First-Ever Micro Film <Photosynthesis of Hope>

90周年特別呈獻
聖基道首推微電影《光合作用》



★ 黑暗之中，一束光足以改寫逆境兒童的命運
★ 愛與陪伴，構成不可思議的光合作用

演員：楊淇、黃梓樂、李敏、周祉君、王頤

與兒童並肩同行，如聖人聖
基道幫助困苦中的兒童，走
過人生的最低谷。

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父母童學 Lesson

培育自信自愛的孩子
Raising Confident and
Self-Loving Children



聖基道首推微電影《光合作用》

由兒童住宿服務走向多元化兒童服務

St. Christopher's Home Launches
Debut Micro Film

Photosynthesis of Hope

Marking a Shift from Residential Child Care ★
to Diversified Child Services



光合作用是大自然孕育生命的重要律動；而在人與人之間，愛與陪伴同樣能啟動屬於心靈的「光合作用」。聖公會聖基道兒童院首次推出微電影，命名為《光合作用》；取名《光合作用》源於自然界的意象：植物透過葉綠素吸收陽光、水與二氧化碳，轉化為養份並釋出氧氣。兒童的健全成長也是如此，需要愛與關懷，同樣是其個人與家庭、學校、朋輩及社會環境共同作用的結果。

Photosynthesis is one of nature's most vital processes for sustaining life. Likewise, love and companionship can spark a form of "photosynthesis" within the human spirit. St. Christopher's Home has produced its first-ever micro film, titled *Photosynthesis of Hope*. The title draws inspiration from the natural phenomenon of photosynthesis, through which plants absorb sunlight, water, and carbon dioxide with the help of chlorophyll, transforming them into nutrients while releasing oxygen. A child's healthy development follows a similar pattern. It requires love, care, and support, nurtured through the collective influence of the child, family, school, peers, and the wider community.

《光合作用》以聖基道的兒童之家為背景骨幹，同時呈現院方多項住宿服務及非住宿服務的工作內容及特色。影片走入家舍實景拍攝，將兒童之家的神秘面紗揭開，同時展現聖基道已由純提供住宿服務，邁進提供多元化兒童服務的社會服務機構。雖然微電影的角色屬於虛構，但影片主人翁的不同故事均取材自聖基道兒童及同工的真實經歷。

由兒童之家開始的希望故事

故事一開始由樂仔因受虐待被安排入住兒童之家，由家舍家長佩姨及配偶梁叔叔的照顧展開序幕。在劇中，佩姨擔任兒童之家家長已有8年，與丈夫一起同時照顧8名兒童，其中6人更有特殊教育需要（SEN）。樂仔因被父母虐待，患有創傷後遺症，由社會福利署安排入住聖基道的兒童之家。

初到兒童之家的第一個晚餐，就上演了讓人痛心的一幕：家舍的兒童不慎撞到樂仔，令樂仔手上的飯碗打翻，因受虐的陰影，樂仔驚恐至躲進餐桌下。為安撫樂仔的情緒，梁叔叔與躲在餐桌下的樂仔聊天，並亮起貼在餐桌底部的星星形狀燈飾，讓他明白，這個家舍可以成為照亮他生命的一道光。得到佩姨、梁叔叔及社工Chris悉心關懷及照顧，讓樂仔曾經黯淡的世界，慢慢重新透進希望的光芒，看見生命的可能。



樂仔在兒童之家家長和社工的照顧和關懷下，逐漸適應家舍的生活、打開心扉。

Under the care of the house parents and social worker, Lok gradually adapted to life in SGH and opened up.



Set against the backdrop of the Home's Small Group Homes (SGH), *Photosynthesis of Hope* showcases the work and unique features of the Home's various residential and non-residential services. Filmed in a SGH, the micro film lifts the veil of mystery surrounding SGH while illustrating the Home's evolution from purely providing residential child care into a social service agency offering a diversified range of services for children. Although the characters are fictional, the stories of the protagonists are drawn from the real-life experiences of the children and staff members of St. Christopher's Home.

A Story of Hope Beginning at Small Group Home

The story began when a boy named Lok was placed under SGH due to physical abuse, coming under the care of house parent Auntie Pui and her husband, Uncle Leung. Auntie Pui has served as a house parent for eight years. Together with her husband, she took care for eight children at the same time, six of whom have special educational needs (SEN). After suffering from physical abuse by his parents, Lok has developed post-traumatic stress disorder (PTSD), and was referred to receive the Home's SGH service by the Social Welfare Department.

During Lok's very first dinner at SGH, a heart-wrenching incident occurred: another child accidentally bumped into Lok, causing the bowl he was holding to spill. Triggered by the trauma of past abuse, Lok was so terrified that he scrambled under the dining table to hide. To soothe him, Uncle Leung sat and talked to Lok beneath the table, turning on star-shaped lights affixed to the underside; he wanted Lok to understand that this home could become a light illuminating his life. Thanks to the attentive care and concern of Auntie Pui, Uncle Leung, and the Home's social worker Chris, the light of hope gradually began to shine back into Lok's once-dim world, allowing him to see the possibilities that life could hold.

The Home's Diversified Services

Lok's case is far from an isolated incident; nearly half of the children residing in our Home's SGH have experienced abuse. While their individual circumstances vary, none have received proper care from their families, and some have even lost their parents. Take, for instance, Kiki—another key figure in *Photosynthesis of Hope*—who has lived at SGH since childhood after losing contact with her parents. As her eighteenth birthday approached, she faced the prospect of leaving the residence that has been her home for years. Confronted with this impending departure and an uncertain future—compounded by the looming Diploma of Secondary Education Examination (DSE)—she felt a mix of reluctance, confusion, and anxiety.

聖基道的多元化服務

樂仔的個案並非個別事件，入住聖基道兒童之家的兒童，近半數曾遭受虐待，即使各人面對的處境不盡相同，然而，他們均未能得到家人適當照顧，有些甚至失去父母。就如《光合作用》中另一主角琪琪，因父母失聯，自幼入住兒童之家。她即將迎來18歲生日，也意味著她需要離開生活多年的家舍。面對離別與未知的未來，加上文憑試在即，令她感到不捨、迷惘與徬徨。

最後琪琪懷著萬般不捨的情緒，告別陪伴自己成長的兒童之家。她之後入住由聖基道創立的T-Lodge青年共居計劃「蒼舍」，慢慢開展獨立自主的新生活。

微電影亦透過社工Chris及其他兒童等角色，從側面呈現聖基道的多元化服務，例如Chris帶家舍兒童到為有特殊教育需要兒童提供服務的「健苗軒」，讓他們接受評估和訓練。此外，Chris帶著同樣在寄養家庭長大、即將成為媽媽的朋友到為0-3歲的嬰幼兒中心愛幼坊參觀，體會到日間幼兒照顧的完善服務，令朋友可安心在產後重返職場。在微電影的末段，Chris也衝破兒時在寄養家庭成長的陰霾，勇敢成為媽媽，她的女兒更入讀聖基道幼兒園。

另一方面，劇中亦提及聖基道設有多個專項基金，包括醫療、多元智能發展、學業、緊急經濟援助及助學金等，向兒童提供支援。院方同時設有獎學金，以嘉許兒童在學業上的表現。至於臨床心理支援方面，聖基道設有臨床心理學家，為院方服務的兒童進行評估，跟進他們的情況。



Chris收到朋友來電，得知朋友打破心理障礙，有生育的打算。
Chris received a call from her friend and learned that she has overcome psychological barriers and was planning to have children.

Finally, with a heavy heart, Kiki bid farewell to SGH where she had grown up. She subsequently moved into T-Lodge—a youth co-living initiative established by the Home—and gradually began a new, independent life.



琪琪（左）離開家舍當日，與照顧她長達8年的佩姨（右）話別。
On the day Kiki (left) left SGH, she bid farewell to Auntie Pui (right), who had taken care of her for eight years.

The micro film also highlights our Home's diversified services through characters such as the social worker Chris. For instance, Chris took children from SGH to "Kidsmind"—a center serving children with special educational needs—for assessment and training. Additionally, she accompanied a friend whom she befriended in Foster Family, and a mother-to-be, to visit "Kiddie Square", a child care center for infants and toddlers aged 0 to 3. Her friend learned about the comprehensive daycare services provided by the center, assuring her that she could return to work after childbirth with peace of mind. At the end of the micro film, Chris overcame the lingering shadows of her own childhood in Foster Care to bravely become a mother herself, with her daughter enrolling in St. Christopher's Nursery.

Furthermore, the micro film mentioned the Home's various dedicated funds—covering areas such as medical needs, multiple intelligence development, academic support, emergency financial assistance, and education grants—



面對逆境的孩子重拾對未來的希望

聖公會聖基道兒童院總幹事麥潤芸女士 (Silvia) 表示，雖然《光合作用》並非「大製作」的商業電影，但團隊十分用心拍攝，結合聖基道多年來營運各項兒童為本的服務、陪伴兒童成長的經驗，呈現面對逆境的孩子如何在適切服務與專業團隊的支持下，一步一步走出生命中的陰霾，再次燃起對未來的盼望。她表示：「希望透過新鮮又軟性的手法，喚起社會對兒童需要及兒童服務的關注，從而倡議服務優化，以配合現今逆境兒童的成長需要。」

加強倡議工作 保護兒童

Silvia希望透過《光合作用》帶出服務運作的挑戰：因為家庭結構改變與個案複雜化，而令兒童之家的運作面對很大的挑戰。服務設計的初衷是由一對家長照顧8名兒童，模仿傳統的大家庭模式。然而隨着時代演變，現今香港家庭已極少生養8名子女。更為棘手的是，近年入住兒童之家的個案中，具SEN背景以及有明確創傷經驗的比率急劇上升。

to provide support for children. The Home also offers scholarships to recognize academic achievements of them. Regarding clinical psychological support, the Home employs clinical psychologist to assess the children under its care and monitor their progress.

Children Facing Adversity Regain Hope for Future

Ms. Silvia Mak, Chief Executive of the Home, stated that although *Photosynthesis of Hope* is not a “big-budget” commercial film, the team poured their hearts into its production. Drawing on the Home’s extensive experiences in operating child-centered services and supporting children’s growth, the micro film portrays how children facing adversity—with the backing of appropriate services and a professional team—can step-by-step emerge from the shadows of their lives and rekindle hope for the future. She remarked, “We hope that through this fresh and gentle approach, we can raise public awareness regarding children’s needs and services, thereby advocating for service enhancements that better meet the developmental needs of children facing adversity today.”

Strengthening Advocacy to Protect Children

Through *Photosynthesis of Hope*, Silvia aims to highlight the operational challenges facing SGH, which stem from shifting family structures and the increasing complexity of individual cases. The service was originally designed around a model where a pair of house parents cared for eight children, emulating a traditional extended family. However, times have changed, and it is now rare for Hong Kong families to have eight children. Even more challenging is the recent, sharp rise in the number of SEN children and clear histories of trauma.



麥潤芸女士期望，微電影能增加社會對兒童服務的關注，從而倡議服務優化。

Ms. Silvia Mak hopes that the micro film will raise public awareness regarding services for children, thereby advocating for service improvements.



Chris帶朋友到愛幼坊參觀。
Chris took her friend to visit Kiddie Square.

另外，目前所有入住兒童均由社會福利署轉介，導致同一兒童之家內的兒童年齡差距極大，現行制度規劃為4名兒童同住一間房間，分配時僅考慮性別，導致兒童之家家長在照顧兒童時，未必能夠全面顧及兒童個別的細緻需要。「院方希望政府在資源許可下積極改革兒童之家服務，包括改善人手比例，確保受助兒童不單獲得『一處居所』，更能得到適切的身心照顧。」 Silvia 補充。



琪琪與樂仔住在同一家舍內。
Kiki and Lok lived in the same SGH.

推行「3T」支援項目 支援18歲離院青年「斷崖式」困境

微電影中，即將年滿18歲、必須離開兒童之家的少女「琪琪」，對不可知的未來感到無助與迷惘。為了填補這一缺口，近年院方即使在沒有政府資助下，也開展T-Lodge青年共居計劃「蒼舍」，為18至27歲曾接受本地兒童住宿照顧服務的年輕人提供可負擔的過渡性居所，並由社工提供支援，協助他們建立自立能力、學習獨立生活。聖基道近年亦倡議政府加強離院青年支援，並積極尋求擴展青年共居計劃，以回應逆境青年對過渡性房屋及相關支援的迫切需求。

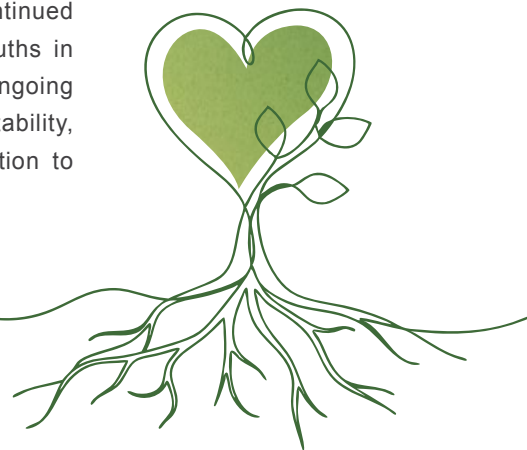
聖基道更建立離院青年支援框架，涵蓋住屋、教育、就業、生涯規劃、精神健康、經濟及社區連結。院方更開創「3T」支援項目：「T-Lodge青年共居計劃」、「T-Port青年後續支援計劃」及「T-Flip青年躍動基金」，在住屋、後續支援及經濟方面促進離院青少年持續發展，順利過渡至獨立生活。

Furthermore, as all admissions are currently referred by the Social Welfare Department, there are significant age gaps among children living in the same home. Under the existing system, four children share a room based solely on gender, making it difficult for house parents to fully address each child's specific, nuanced needs. "The Home hopes that, if resources permitting, the government will actively reform SGH's services—including improving staffing ratios—to ensure that the children in care receive not merely 'a place to live,' but also appropriate physical and emotional care," Silvia added.

Launching "3T" Projects to Help Aged-out Youth Overcome "Cliff-edge" Transition

In the micro film, Kiki—a young lady approaching her 18th birthday and facing departure from SGH—felt helpless and bewildered about an uncertain future. To address this gap, the Home launched the "T-Lodge" Youth Co-living Program in recent years—even without government funding—to provide affordable transitional housing for young people aged 18 to 27 who have previously received local residential child care services. Through this initiative, social workers offer support to help these young adults build self-reliance and learn to live independently. The Home has also been advocating for the government to strengthen support for youths leaving residential care service and is actively seeking to expand the co-living program to meet the urgent need for transitional housing and related support among young people facing adversity.

The Home has established a support framework for youths leaving residential care, covering housing, education, employment, career planning, mental health, financial assistance, and community connections. The Home has also pioneered the "3T" projects—comprising the "T-Lodge: Youth Co-living Program, the "T-Port" Youth Aftercare Program, and the "T-Flip": Transitional Fund for Learning, Independence, and Pathway—to foster the continued development of these youths in areas such as housing, ongoing support, and financial stability, ensuring a smooth transition to independent living.



聖基道不僅是兒童的守護者，更是同行者

《光合作用》透過寫實且細膩的敘事方式及鏡頭，把聖基道多項服務搬上大屏幕，讓外界更了解面對逆境的兒童所經歷的困難及掙扎，進一步認識聖基道的使命與工作，以及為有需要兒童提供的支援。聖基道相信，人與人之間能以愛同行，通過院方同工、捐助者及社會大眾同心合力，攜手為處於逆境中的兒童燃點希望之光，照亮兒童的未來。

聖基道未來三年的發展策略方向為「童築未來」：透過「童・成長」，提供優質且貼合需要的服務，讓兒童得以發展潛能，並且活出豐盛人生；透過「築・韌性」，構築韌性體系，裝備聖基道追求卓越，成為更具影響力的服務機構；以及透過「共建・未來」，為兒童的未來營造安穩友善的成長環境，實踐「同行聖基道・童築未來每一步」！

The Home as a protector and companion of children

Through a realistic and nuanced narrative and cinematography, *Photosynthesis of Hope* brings the Home's various services to the big screen. It offers the public a deeper understanding of the hardships and struggles faced by children in adversity, while highlighting the Home's mission, work, and the support it provides to children in need. The Home believes in the power of walking together in love; through the concerted efforts of staff, donors, and the community, we aim to kindle a light of hope for children facing adversity and illuminate their futures.

The Home's strategic directions for the next three years is themed "Building a Bright Future for Children". Through "Nurturing Growth for Children", we provide high-quality, tailored services that enable children to realize their potential and lead fulfilling lives. Through "Building Resilience for Children", we establish a resilient framework, equipping the Home to pursue excellence and become a more impactful service provider. Finally, through "Co-creating the Future", we foster a secure and welcoming environment for children's growth, putting into practice our commitment: Hand in Hand with St. Christopher's Home, Lighting the Way for Every Child's Tomorrow!



《光合作用》宣傳海報
Poster of "Photosynthesis of Hope"

《光合作用》是為慶祝聖基道成立90周年而特別製作的微電影，片長約27分鐘，由籌備拍攝至正式推出，歷時超過一年。

聖基道希望這齣微電影能讓社會大眾更了解逆境兒童所面對的困難，並進一步認識聖基道的使命與多元化兒童服務，攜手為處於逆境中的兒童增添希望之光，照亮兒童的未來。

Photosynthesis of Hope is a micro film specially produced to celebrate the 90th anniversary of St. Christopher's Home. With a runtime of approximately 27 minutes, the project spanned over a year from initial preparation to its official release.

The Home hopes that the micro film will enable the public to better understand the challenges faced by children in adversity, as well as gain insight into the Home's mission and diversified child-focused services, so that together we can bring a ray of hope to these children and illuminate their futures.



觀看《光合作用》
Watch *Photosynthesis of Hope*



90周年誌慶

90th Anniversary Celebration

微電影《光合作用》放映暨座談會圓滿舉行

照亮兒童未來

Screening and discussion session of Micro Film "Photosynthesis of Hope" comes to a fruitful close,

Lighting up Children's future



聖基道舉行《光合作用》放映暨座談會，超過130名嘉賓出席。

The Home held a screening and discussion session for Photosynthesis of Hope, with over 130 attendees.

為慶祝聖基道成立90周年而特別製作的微電影《光合作用》，自今年4月正式推出以來，陸續在不同的場合放映。其中，聖基道於4月21日舉行《光合作用》放映暨座談會，超過130名嘉賓出席，包括立法會議員、企業夥伴、業界代表、演員、拍攝團隊、聖基道董事會成員及同工等。

Photosynthesis of Hope, a micro film specially produced to mark the 90th anniversary of the Home, has been screened at various venues since its official launch in April. On 21 April, the Home hosted a screening and discussion session for the micro film, attended by over 130 guests — including Legislative Council members, corporate partners, representatives from various industries, actors and the film crew, as well as board members and staff of the Home.



在啟動儀式上，一眾嘉賓亮起代表希望的燈光。

The guests lit up lights that symbolized hope at the launch ceremony.

《光合作用》放映暨座談會由本院董事會主席管浩鳴法政牧師 SBS, OStJ, JP、立法會議員鄧家彪先生 BBS, JP、立法會議員陳家珮小姐 MH, JP，以及信和集團慈善事務董事暨黃廷方慈善基金董事黃敏華女士BBS擔任主禮嘉賓。在啟動儀式中，主禮嘉賓亮起代表希望的燈光，全場嘉賓亦利用手機同時亮燈，在漆黑的影院中，全場星光閃耀，寓意大家一起以愛照亮面對逆境兒童的人生。

The event was officiated by The Reverend Canon Peter Douglas Koon, SBS, OStJ, JP, Chairman of the Council of the Home; The Hon Tang Ka-piu, BBS, JP, Legislative Council Member; Miss Judy Chan, MH, JP, Legislative Council Member; and Ms. Nikki Ng, BBS, Director of Philanthropy of Sino Group and Director of the Ng Teng Fong Charitable Foundation. The officiating guests lit up lights of hope at the opening ceremony, while all guests turned on their mobile phones' flashlight at the same time. The lights twinkled like stars and brightened the dark theatre, symbolizing the joint efforts to lighting up the future of children in adversity by love.



在分享環節中，聖基道舊生蔡啟平（右一）與《光合作用》導演羅一鳴（左一）、飾演佩姨的演員楊淇及飾演Chris的演員李敏對談，由他們分享拍攝感受。

During the sharing session, the Home's former resident Peony Choi (first from right) engaged in a conversation with the director Lo Yat Ming (first from left), actress Kate Yeung (who played Auntie Pui), and actress Ranya Lee (who played Chris), inviting them to share their experiences of the filming process.



座談會由麥潤芸女士（中）擔任主持，與管浩鳴法政牧師（右一）及一眾嘉賓分享對兒童之家服務的寶貴意見。

Ms. Silvia Mak (center) moderated the seminar, sharing valuable insights on small group home's services alongside the Reverend Canon Peter Douglas Koon (first from right) and other guests.



聖基道得以一直守護面對逆境的兒童，有賴社會各界的同行及鼎力支持。

Thanks to the unfailing support of the wider society, the Home has been able to safeguard children facing adversity.



映後座談會由本院總幹事麥潤芸女士擔任主持，並邀得香港理工大學應用社會科學系主任暨科技及創新政策研究中心聯席主任崔永康教授MH、香港賽馬會慈善事務部主管（教育及青年）應鳳秀女士，分享對兒童之家服務的寶貴意見；聖公會的社工及家長代表、舊生文慧詩及管浩鳴法政牧師，則一同分享兒童之家服務的點滴及挑戰，並探討檢視兒童之家服務的可行性。

The screening discussion was moderated by Ms. Silvia Mak, Chief Executive of the Home. Professor Eric Chui, MH, Head of Department of Applied Social Sciences and Co-Director of Policy Research Centre for Innovation and Technology of The Hong Kong Polytechnic University, and Ms. Winnie Ying, Head of Charities (Education & Youth Cluster) of The Hong Kong Jockey Club, were invited to share their valuable insights on SGH's services. Meanwhile, representatives of the Home's social workers and parents, a former resident (Manci), and the Reverend Canon Peter Koon shared their experiences and discussed the challenges associated with the services, as well as the feasibility of reviewing the service model.

《光合作用》已上載至聖基道的YouTube頻道，供公眾免費觀看。

Photosynthesis of Hope was uploaded to the Home's YouTube channel and is available for free public viewing.



培育自信自愛的孩子

Raising Confident and Self-Loving Children



我的小朋友做事畏首畏尾，
完全沒有自信。

My child is timid and hesitant,
lacking of self-confidence.

我的小朋友十分焦慮，連與他人打招呼也躲在我身後，怎樣才能讓孩子的自信心增加呢？

My child is extremely anxious—even greeting others makes them hide behind me. How can I help boost my child's self-confidence?

孩子欠缺自信，家長在管教時或感難以入手。以下有四大原則，可幫助家長培育自信自愛的孩子：

When a child lacks self-confidence, parents may find it difficult to know how to guide them effectively. Here are four key principles to help parents raise confident children who love and value themselves:



家長以身作則

Parents Leading by Example

心理學家表示，焦慮是會傳染的。因此，如果父母每次面對挑戰和壓力時，也容易緊張、擔心，孩子便會學習相似的情緒管理。再者，家長面對孩子出現焦慮時難以接受，過度緊張，或令孩子認為自己犯下「大錯」，久而久之害怕出錯，令孩子養成「不做不錯」的習

Psychologists note that anxiety is contagious. Consequently, if parents habitually become tense or worried when facing challenges and stress, their children will learn similar emotional management habits. Furthermore, if parents struggle to accept their children's anxiety and react with excessive alarm, children may come to believe they have made a "grave mistake". Over time, this fear of error can lead the children to adopt a mindset of avoiding action altogether to prevent making mistakes.

慣。因此，家長宜理解孩子在面對困難時，出現害怕、擔心的情緒是正常的，同時要先由自己做起，嘗試接納自己的情緒，多包容自己，再接納孩子也會犯錯，與孩子一起學習以積極正面的態度面對困難。

Therefore, parents should recognize that it is normal for children to feel fear or worry when facing difficulties. Parents should start by accepting their own emotions and being kinder to themselves; by embracing the fact that children—like everyone else—make mistakes, they can work alongside their children to face challenges with a positive attitude.



少責罵 多關愛 Scold Less, Care More

當孩子出現不安的表現，或有不當行為時，家長若以斥責方式管教孩子，容易帶着憤怒的情緒。當孩子時常面對「兇惡的表情」、「嚴厲的語調」等，便會累積驚慌的經驗。兒科醫生的研究顯示，這些經驗會變成記憶，影響大腦發展，令孩子日後難以管理情緒。因此，家長宜在管教孩子前，先穩定自己的情緒，以關愛孩子為大原則，調節管教方式，例如接納孩子會出現不安或其他負面情緒，傾聽孩子的心聲。這樣，孩子才能夠認可自身的感受和想法，提升對自我的肯定。

When children exhibit signs of anxiety or misbehave, parents who resort to scolding often do so out of anger. Repeated exposure to “fierce expressions” and “harsh tones” causes children to accumulate experiences of fear and distress. Pediatric researches indicate that such experiences become ingrained memories that affect brain development, making it difficult for children to manage their emotions later in life. Therefore, before disciplining their children, parents should stabilize their own emotions and adopt an approach rooted in care and affection. This involves, for instance, accepting the child’s anxiety or other negative emotions, and listening to what they have to say. Only then can children validate their own feelings and thoughts, thereby boosting their self-affirmation.



讓孩子循序漸進嘗試 Encourage Children to Take a Step-by-step Approach

常言道，萬事起頭難，年幼的孩子需要踏出第一步挑戰，最重要是建立一小步的成功感。因此，家長宜把孩子需要挑戰的困難分階段訂立小目標，評估孩子可達到小目標，讓孩子更容易踏出成功第一步，從而建立自信慢慢達成目標。家長宜在過程中不斷給予孩子正面的陪伴及鼓勵，對孩子會有更大的幫助。

As the saying goes, the first step is always the hardest; for young children facing a new challenge, the key is to experience a sense of success through small achievements. Therefore, parents should break down the challenge into manageable stages with smaller, attainable goals. This makes it easier for the children to take that crucial first step toward success and gradually build the self-confidence needed to reach the ultimate objective. Throughout this process, offering consistent positive support and encouragement will be of great benefit to the children.



欣賞孩子勇於面對困難 Appreciate Your Children's Courage in Facing Challenges

當孩子能嘗試改變——那怕只是很微小的嘗試，家長也可以表達對於孩子勇於嘗試的欣賞，認可孩子努力踏出第一步的行動，推動他們進一步挑戰。當孩子為一個小目標踏出一步，請家長給予欣賞：「爸爸／媽媽很欣賞你的勇敢，努力（具體的行動）（例如：開口跟不熟悉的人打招呼）。」家長懂得說出具體的欣賞之處，便能幫助孩子肯定自己，培養出自信心。

When a child attempts to make a change—even a very small one—parents can express appreciation for that courage, acknowledge the effort taken to make the first move, and encourage them to take on further challenges. When a child takes a step toward a small goal, please offer words of appreciation: “I really admire your courage and effort in [specific action] (e.g. greeting someone you don’t know well).” By articulating specific praise, parents help their children validate themselves and build self-confidence.

童途有您

Companion

聖基道BB爬行大賽暨 助養計劃啟動禮圓滿結束

The Home's
Baby Crawling Competition
cum Sponsorship Schemes Launching
Ceremony concludes successfully



聖基道助養計劃2026/27正式啟動
The Home's Sponsorship Schemes 2026/27 officially launched

聖基道BB爬行及運Topher大賽揭幕
Baby Crawling & Topher Carrying Competition kicked off

為慶祝6月1日國際兒童節，聖基道於5月31日假鑽石山荷里活廣場舉辦「聖基道BB爬行及運Topher大賽暨助養計劃啟動禮」，冀向社會大眾推廣關愛兒童的訊息。今年賽事分別有10場BB爬行及運Topher比賽，共設120個名額，活動宣傳推出後，報名人數已超額兩倍，深受家長歡迎。當日參賽的嬰幼兒都各有不同造型，部分更穿上別具特色的民族服裝，現場氣氛非常熱鬧。

大賽的主禮嘉賓包括社會福利署（家庭及兒童福利）助理署長鄧鳳梅女士、香港聖公會東九龍教區郭志丕主教、會德豐地產副主席兼常務董事黃光耀先生 MH，以及本院董事會副主席關恒生先生。一眾嘉賓在本院總幹事麥潤芸女士陪同下，在比賽正式開始前先參觀愛幼坊幼兒中心設計的嬰幼兒發展迴廊，透過互動遊戲了解嬰幼兒發展需要；其後一同主禮，敲響銅鑼。

另一方面，聖基道助養計劃2026/27亦正式啟動，主禮嘉賓一同將手上寫上不同助人信念的代幣放入聖基道吉祥物Topher造型的錢箱，為聖基道注入能量，寓意有更多人成為助養計劃的一份子，一起「童築未來」。

To celebrate International Children's Day on 1 June, the Home hosted Baby Crawling & Topher Carrying Competition cum Sponsorship Scheme Launch Ceremony at Plaza Hollywood in Diamond Hill on 31 May, aiming to promote the message of caring for children to the public. This year's event featured 10 rounds of baby crawling and Topher carrying races with a total of 120 spots available. The event proved highly popular with parents, attracting more than two times the number of applicants than available places. On the day, the participating infants and toddlers sported a variety of outfits—some even wearing distinctive ethnic costumes—creating a lively and spirited atmosphere.

Officiating guests at the competition included Ms. Wendy Chau, Assistant Director (Family and Child Welfare) of the Social Welfare Department; The Right Reverend Dr. Timothy Kwok, Bishop of the Anglican Diocese of Eastern Kowloon; Mr. Ricky Wong, MH, Vice Chairman and Managing Director of Wheelock Properties; and Mr. Kwan Hang-sang, Vice-Chairman of the Council of the Home. Accompanied by the Home's Chief Executive, Ms. Silvia Mak, the guests toured the "Infant and Toddler Development Corridor"—designed by Kiddie Square—prior to the start of the competition, gaining insights into the developmental needs of infants and toddlers through interactive games; they subsequently officiated at the ceremony by striking a gong.

Meanwhile, the Home's Sponsorship Schemes 2026/27 have officially launched. Officiating guests placed tokens inscribed with various philanthropic beliefs into a coin bank shaped like Topher, the Home's mascot. This symbolic act infused the schemes with energy, signifying the hope that more people will join the schemes and "build a bright future for children" together.

藝人鍾嘉欣探訪同心牽

Artist Linda Chung visited Heart Link



聖基道愛心大使鍾嘉欣女士（Linda）連同小女兒Anika專程到同心牽，與來自基層家庭的兒童共度溫馨難忘的一天。是次探訪中，Linda全程與兒童親切互動，讓本院兒童在互動中感受到外界的關注與認同。

探訪期間，兒童為Linda預備神秘驚喜—以充滿童真的歌聲為Linda慶祝生日，並送上生日蛋糕及聖基道吉祥物Topher，以感謝她多年來對聖基道的持續支持，場面溫馨。Linda呼籲社會各界關注逆境兒童的成長需要，提供持續的支援，為他們築起更溫暖及安穩的成長環境。



同心牽兒童為Linda慶祝生日
Children from Heart Link prepared a birthday surprise for Linda



Linda專程到訪同心牽
Linda paid a special visit to Heart Link

Ms. Linda Chung, the Home's Love Ambassador, paid a special visit to Heart Link with her youngest daughter, Anika, to spend a heartwarming and memorable day with children from grassroots families. Throughout the visit, Linda warmly interacted with the children, making them feel seen and validated.

During the visit, the children prepared a birthday surprise for Linda: they sang the birthday song and presented her with a birthday cake and "Topher"—the Home's mascot—to thank her for years of steadfast support. It was a heartwarming scene. Linda called upon the community to pay attention to the developmental needs of children facing hardship and to provide ongoing support, and helping to build a warmer, more secure environment for their development.

10個寄養家庭榮獲社署「寄養家庭長期服務獎」

10 foster families receive Long-service Awards from Social Welfare Department



社會福利署於5月17日舉辦「2026寄養家庭服務獎頒獎典禮」，聖基道有10個寄養家庭分別獲頒20年、15年、10年及5年長期服務獎，其中8個家庭出席頒獎典禮，親手接過獎狀。院方衷心祝賀獲獎的寄養家庭，並感謝他們無私的愛與奉獻，讓兒童可以在安全、穩定和充滿關懷的家庭環境中健康成長。

The Social Welfare Department held the Foster Families Service Award Presentation Ceremony 2026 on 17 May. Ten foster families of the Home received Long-service Awards recognizing 20, 15, 10 and 5 years of service; eight of these families attended the ceremony in person to receive their certificates. The Home extended its heartfelt congratulations to the award-winning foster families and expressed gratitude for their selfless love and dedication, which enable children to grow up healthily in safe, stable, and caring family environments.



聖基道的寄養家庭出席頒獎典禮
Foster families of the Home attended the ceremony



社署舉辦寄養家庭服務獎頒獎典禮
The Social Welfare Department held the Foster Families Service Award Presentation Ceremony

OnLux × 同心牽「童心烘焙工作坊」

製作母親節蛋糕

OnLux X Heart Link "Baking Workshop for Kids"

Making Cakes for Mother



烘焙工作坊獲OnLux Beauty慷慨支持
The workshop was supported by
OnLux Beauty

也能親手完成屬於自己的母親節蛋糕，活動亦在滿場歡笑聲中圓滿落幕。

同心牽獲助養計劃企業贊助商OnLux Beauty的慷慨支持，舉辦「童心蛋糕烘焙工作坊」，逾30名來自基層家庭的兒童與30多名OnLux義工團隊組成愛心拍檔，一邊互動交流，一邊合力製作母親節主題蛋糕，現場氣氛一片溫馨及歡樂。透過彼此默契合作，每名兒童

With the generous support of OnLux Beauty — a corporate sponsor of the Sponsorship Scheme — a cake baking workshop was held by Heart Link. More than 30 children from grassroots families teamed up with over 30 volunteers from OnLux to bake Mother's Day-themed cakes, spending warm and joyful moments together. Through their collaboration, every child successfully created their own cake for their mother. The event concluded amidst a chorus of laughter.



童心蛋糕烘焙工作坊
Cake baking workshop

小小助養人「餵飼企鵝同樂日」

Little Sponsors

Having Fun Feeding Penguins

聖基道與香港半島獅子會、匯豐銀行及海洋公園合作，舉辦小小助養人活動「餵飼企鵝同樂日」，吸引超過80人參與，包括助養人、親友及本院兒童。在海洋公園專業飼養員的指導下，參加者有機會親手用鮮魚餵飼企鵝。感謝每一位助養人及親友的支持與投入，讓聖基道兒童度過一個充滿歡笑的上午！

In collaboration with the Peninsula Lions Club of Hong Kong, HSBC and Ocean Park Hong Kong, the Home organized a "Penguin Feeding Fun Day" for Little Sponsors. The event attracted over 80 participants, including sponsors, their friends and family members, and children from the Home. Under the guidance of professional keepers at Ocean Park, participants had the opportunity to hand-feed fresh fishes to the penguins. We extend our heartfelt thanks to all the sponsors and guests for their support and participation, letting the children from the Home enjoyed a morning filled with laughter!



成為小小助養人
Be a Little Sponsor now!



助養人參與「餵飼企鵝同樂日」
Sponsors participated in Penguin Feeding Fun Day



用鮮魚餵飼企鵝
Feeding fresh fishes to the penguins

請即參與

「樂樂」「遙遙」 助養計劃 照亮兒童的未來

籌得善款用以支持聖基道向失去父母、未能得到家人適當照顧、有特殊學習需要及來自基層家庭的兒童，提供安穩的環境、照顧、生活所需、培訓、情緒輔導和適切的支援，以及支持本院服務營運及發展。

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陳柏宇

聖基道愛心大使

謝安琪



參加表格

☐ 我樂意參加「樂樂」「遙遙」助養計劃

(以助養全院所有兒童模式進行，助養費每月最少 80 元，最少助養一年，助養人有權參觀自願懷本院兒童。)

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(只限以信用卡捐款)

按年捐款：☐ \$3,600 ☐ \$2,400 ☐ \$1,200 ☐ 其他 \$_____

☐ 我樂意一次過捐款予「樂樂」「遙遙」助養計劃基金

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聖基道就香港首個五年規劃提交意見書

The Home submits recommendations for Hong Kong's first five-year plan



瀏覽聖基道意見書
View our submission

聖基道兒童院於今年8月向特區政府提交《香港對接國家〈第十五個五年規劃〉兒童及家庭發展政策意見書》，倡議將兒童及家庭發展提升至人口高質量發展的重要策略層面，並透過完善托育、兒童福祉、家庭支援及人口高質量發展提出政策建議、親職支援及兒童福祉政策，建設更具競爭力及可持續發展的香港。聖基道其後發放新聞稿及安排訪問，向傳媒介紹意見書的內容及本院的倡議。

本院倡議之內容及相關建議於8月15日刊載在《明報》，又於8月31日刊載在《南華早報》、《星島日報》、《星島頭條網》、《明報》、《am730》及《頭條日報》。

St. Christopher's Home submitted its submission in August this year, which advocated elevating child and family development to the strategic level of high-quality population development. The submission put forward policy recommendations — covering childcare, child well-being, family support, parenting assistance, and high-quality population development — aimed at building a more competitive and sustainable Hong Kong. Subsequently, the Home issued a press release and arranged an interview to introduce the content of the paper and its recommendations to the media.

The recommendations and related suggestions made by the Home were published in Ming Pao Daily on 15 August, as well as in South China Morning Post, Sing Tao Daily, Sing Tao Headline, Ming Pao Daily, am730, and Headline Daily on 31 August.



本院總幹事麥潤芸女士接受傳媒訪問
Ms. Silvia Mak, Chief Executive of the Home was interviewed by the media